

Kinetika Bloco Southbank Sessions

Performance and Dance



Join our Friday sessions for a creative, fun-filled experience. Explore a vibrant mix of music and dance styles in a welcoming, low-pressure space designed to support your wellbeing.

About this programme

Find your rhythm with Kinetika Bloco in these weekly sessions covering dance, samba drumming, and melodic instruments. Whether you're picking up an instrument for the first time or looking to develop your skills, these sessions offer a safe and welcoming space to get creative. There are talented tutors and special guests on hand to help you learn at your own pace and support your wellbeing. It's an opportunity to build your confidence, find your creative spark, and connect with a community that supports you every step of the way.

i For more information

To learn more about our booking or referral process click [here](#) or contact us by emailing: tamzyn@kinetikabloco.co.uk

Delivery partners



Age

14-25 years

Activity Date

Every Friday

**Fri, 19th
Jun 2026**

5:15pm - 7:15pm

[Add to Calendar](#)

Activity Price

Free

Activity Location

Spirit Level

[Southbank Centre, Belvedere Road,
London](#)



[Directions](#)